



Women Together: Healing Our Lives

We are good, beautiful, strong and holy!

Join us for this class where we, as women, will gather in a safe, sacred sister circle to listen to and affirm each other's life stories.

We will reflect on the strength we possess as women and what gets in the way of believing in ourselves, experience healing from the violence we have encountered, and learn how to transform our anger and interpersonal conflicts.

The turtle, an ancient symbol of women's wisdom and power, will accompany us on this journey.

Mondays, 1:30pm-3:00pm
Starts July 21

At the Alameda County Family Justice Center

See you there!